

SOLDOTNA HIGH SCHOOL HOCKEY COVID-19 MITIGATION PROTOCOL

PRACTICE:

Screening: All health screening must follow KPBSD and ASAA guidelines which includes but is not limited to temperature checks, exposure questions, and attendance records.

- Coaches/Volunteers/Athletes need to complete the KPBSD COVID-19 waiver prior to participating in Hockey.
- All participants and coaches **MUST** be masked up with appropriate face covering while arriving, during, and after practice.

Designated Event Monitor

There will be a designated individual on site responsible for monitoring and following all social distancing, hygiene, staffing/operations (including participant screening), and cleaning and disinfecting protocols as outlined in this mitigation plan. The designated event monitor may be a KPBSD employee, coach, or volunteer who is familiar with the requirements under this plan.

Facilities (Soldotna Regional Sports Complex):

- SRSC mandates that practices and games limit the number of players, coaches and officials on the ice to 32.
- All facilities will have clearly marked entrances/exits, which will be limited to maintain accuracy of attendance and social distancing policies.
- Information signage will be placed at building entrance indicating mitigation plan aspects and social distance demarcations will be placed throughout the building to assist users with social distance compliance.
- Only persons who are participating in the activity will be allowed in the facility. No parents, siblings or other persons may be in the facility while practice is taking place.
- No locker rooms will be used during practice, athletes must show up ready to skate.
 - Athletes must come prepared to participate.
 - Chairs will be placed in back team room hallway so teams can ready there, enter rink and then exit rink in front lobby before leaving.
- SRSC will be creating rink access flows which create separations from consecutive groups arriving for ice time and groups/players/teams are instructed to not arrive at rink more than 15 minutes prior to start of ice time to be skated. Additional clocks have been ordered for placement inside and outside the building to help people observe the 15 minute limit prior to ice time and exit the building no later than 15 minutes after their time is complete.
- Initially ice times will be scheduled with 30 minutes between time slots to allow for disinfection of used areas between groups.

- Water fountains will be marked out of service but water bottle filling stations will be available due to different nature.
- Hand sanitizer stations have been purchased and will be positioned at high traffic areas through the facility.
- Recommendations for patrons not on ice to wear face masks will be posted with reminders that persons with COVID like symptoms are not to enter the facility.
- All pre/post practice greetings or any celebrations must be done in a physically distant way.

Equipment:

- All high touched surfaces and equipment will be cleaned prior to the start practice.
- All equipment must be cleaned with appropriate cleansing and disinfectant after each use.
- All equipment must be exchanged every 14 minutes (pucks) for a fresh clean set of equipment or the existing equipment must be sanitized every 14 minutes.
- All coaches will sanitize their hands during the equipment change or every 14 minutes if not wearing gloves.
- Tooth and mouthpiece – athletes should refrain from the removal of mouth guards while on the playing rink. If mouth guards are removed on the sidelines or bench area, the athlete should use hand sanitizer each time after touching the mouthpiece.
- The equipment must be cleaned at the end of practice and stored accordingly.
- Athletes must clean/disinfect their equipment at the end of each practice, this includes but not limited to hockey sticks, helmets, gloves, etc.
- All athletes will provide their own water and container. No sharing of water bottles.
- Students and coaches must sanitize hands before and after practice.
- All participants and coaches **MUST** be masked up with appropriate face covering arriving, during, and after practice. This includes while athletes are actively participating.
- All participants and coaches must maintain social distancing of at least 6' when not exercising.

DURING EVENTS:

Follow all practice protocols with the addition of:

- All facilities will have clearly marked entrances/exits, which will be limited to maintain accuracy of attendance and social distancing policies.
- No parents, siblings or other persons may be in the locker room.
- Locker rooms will be used for events, but limited to 10 athletes at a time. Athletes must wear masks, maintain 6' social distancing at all times in the locker rooms.
- Locker rooms will be sanitized after each use, by coach or other designated person.

- All touch points, such as but not limited to door handles/door push bars, must be cleaned by the departing coach/sponsor at the conclusion of the activity.
- Each athlete will be provided with 2 guests for spectators for each game or adhere to facilities' guidelines regarding spectator limitations.
 - **Spectators will only be permitted if both KPBSD and the facility agree to it.**
- Six foot (6') seating must be marked on bleachers for social distancing.
- Yelling or loud cheering is strongly discouraged.
- All spectators must complete the KPBSD COVID waiver prior to admittance into the event.
- All participants, coaches and spectators must wear masks at all times.
- No pregame/postgame handshakes allowed at this time.
- Celebrations must be done in physically distanced way
- Maintain 6' of distance on the bench when possible.
- Everyone should have their own beverage container, sharing is not allowed.
- All pre/post game greetings or any celebrations must be done in a physically distant way.
- Officials must wear masks.

Screening: All health screening must follow KPBSD guidelines which includes but is not limited to temperature checks, exposure questions, and attendance records. **Each coach and athlete will need to complete and submit the KPBSD COVID-19 screener including a temperature check at the ice rink scanned by a coach/volunteer before each game. All participants and spectators must complete the KPBSD COVID-19 waiver upon entering the facility.**

Designated Event Monitor

There will be a designated individual on site responsible for monitoring and following all social distancing, hygiene, staffing/operations (including participant screening), and cleaning and disinfecting protocols as outlined in this mitigation plan. The designated event monitor may be a KPBSD employee, coach, or volunteer who is familiar with the requirements under this plan.

Equipment (same as practices):

- All surfaces and equipment will be cleaned prior to the start game.
- All equipment must be cleaned with appropriate cleansing and disinfectant after each use.
- The equipment must be cleaned at the end of the game and stored accordingly.
- Athletes must clean/disinfect their equipment at the end of each game, this includes but not limited to hockey sticks, helmets, gloves, etc.
- All athletes will provide their own water and container. No sharing of water bottles.
- All participants and coaches **MUST** be masked up with appropriate face covering arriving, during, and after the event. This includes while athletes are actively participating.